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Coaching Basketball Technical And Tactical

That's where *Coaching Basketball Technical and Tactical Skills*, an American Sport Education Program (ASEP) publication, stands out. Written by Kathy McGee, the winningest high school girls' basketball coach in Michigan, in consultation with USA Basketball's Don Showalter, this book will prepare you to be a better teacher and tactician of the game whether you coach men's or women's basketball.

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Coaching Basketball Technical and Tactical Skills, an American Sport Education Program (ASEP) publication, was written by Kathy McGee in consultation with Don Showalter. McGee has coached girls' varsity basketball for 30 years, during which time she has amassed an impressive 583-146 record.

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The course is designed to help coaches learn how to teach the technical and tactical skills of basketball and is suitable for high school coaches, serious

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club coaches, college and university undergraduate students, and advanced coaches at the youth level.

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Coaching Basketball Technical and Tactical Skills by ...

Technical and tactical skills are clearly described with tips to help coaches apply the techniques in specific game situations. It covers other key areas of coaching including season and practice planning, plus pre and post-game considerations.

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In general, the technical basketball skills

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are best thought of as everything that a player does in a one on one situation. Everything else such as 2 v 1, 2 v 2 or any other situation with multiple players involved is bundled into the category of tactical basketball skills. The technical basketball skills are often the focus of much time and effort when junior players are developing and then later linked and refined as the player matures.

Functional Basketball Coaching | Technical Basketball ...

The results showed significant differences between genders. Girls' teams performed more tasks on offense and technical skills. By contrast, boys' teams performed more defensive tasks and tactical contents. The 1-on-0 and 1-on-1 were the most repeated game situations in all teams. Coaches used different training tasks according to gender and age.

Analysis of Training Plans in

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Basketball: Gender and ...

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Coaching Basketball Technical and Tactical Skills - Kathy ...

A resource for basketball coaches, this work provides an overview of coaching both offensive and defensive fundamentals in basketball. It describes technical and tactical skills with tips to help coaches apply the techniques in specific game situations. It covers other key areas of coaching including season and practice planning.

Coaching basketball technical and tactical skills (Book ...

By equipping your athletes with both the technical and tactical skills of your sport, you will enhance their chances of success (i.e., the appropriate and

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effective execution of technical skills in any and all situations) every time they compete.

Guidelines for helping athletes develop tactical skills ...

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